

S6B Morning Assembly
25 September 2019
Starting the Year with Positive Affirmation

M: Minnie Shih K: Kitty Wong

K & M:	Good Morning, Ms Cheng, teachers and fellow schoolmates. We're the representatives of Class 6B.
M:	I'm Minnie.
K:	I'm Kitty.
M:	<i>(watching Korean drama on phone; dreamy and completely mesmerized)</i>
K:	<i>(peek closely at Minnie's phone)</i> What are you doing...? Oh my god! Are you still addicted to these Korean soaps with the same Cinderella fantasy plot? There're only 165 days before our DSE exams!
M:	<i>(frustrated, in despair)</i> Do leave me alone... <i>(crying voice and face)</i> I'm totally hopeless . I got some of my mock papers back and the low marks ... are driving me to despair .
K:	Have faith in your abilities, Minnie. Have humble yet reasonable confidence in your own power. In the face of failures and obstacles, what you need is to affirm your faith and confidence .
M:	What I need is to pursue my goals with positive affirmation? <i>(ask curiously)</i> I just find it so hard to stop belittling myself facing all these challenges. <i>(hopeless voice)</i>
K:	Minnie, no one saves us but ourselves! Remember, you are what you think. Life truly stems from your thoughts . We must translate thoughts into words and eventually into actions in order to manifest our intentions.
M:	Thoughts... Words ... Actions ... <i>(thinking)</i> So I need to start with positive thinking, which will result in positive actions ?
K:	True! This manifests the importance of starting with positive affirmation . Do you remember Tsang Tze Kwan , a girl that Ms Katie Law mentioned in our Chinese lessons?
M:	Yes I do! She is a student who earned 5** in three of her DSE subjects despite suffering from multiple disabilities .
K:	Tze Kwan has been blind since infancy and hearing-impaired since Primary 1. What makes her life more formidable is that her fingers lack sensitivity and she is forced to read Braille with her lips .
M:	Despite the obstacles, she never loses faith and strives to achieve her goals with great perseverance .
K:	Working relentlessly to make her dream come true, she was finally admitted to CUHK and got scholarships to do her Master degrees at a top university in the UK. Isn't this encouraging and reassuring?
M:	<i>(burning passion)</i> I can't wait to formulate a study plan and set goals!
K:	I'm too happy to know that you are now fueled with positive affirmation . Affirmations help purify our thoughts and restructure the dynamic of our brains so we truly begin to think nothing is impossible! I can see fires in your eyes now Minnie!!!
M:	I feel that I am instantly empowered with a deep sense of reassurance that my wishful words will become reality. ☺
K:	Positive affirmations do magic – affirmations play an integral role by breaking patterns of negative thoughts, negative speech, and ultimately negative actions!
M:	With positive affirmations, we are endowed with the abilities to relinquish our fears , predict our own future and live up to our potential .
K & M:	Dear schoolmates, please join 6B in affirming your faith, love and hope and crafting your futures . Let's pray to our dear Lord for a faithful heart with positive affirmation. Thank you.

